


Zeeland Christian Schools

Lunch Menu

October 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	1 VALUE LUNCH PRICES (Includes Milk) \$2.85 full pay \$0.40 reduced pay Adult Meal \$3.95 Milk Only 75¢ for all students	2 A. Crispy Breaded Chicken on a Bun B. Corn Dog C. Chef Salad w/Croutons & Dinner Roll Sides: French Fries Diced Pears	3 A. Pancakes & Sausage Links B. Chicken Fajitas C. Chef Salad w/Croutons & Dinner Roll Sides: Baby Carrots Pineapple	4 A. Bosco Sticks & Marinara B. Cheese Omelet & Cinnamon Roll C. Chef Salad w/Croutons & Dinner Roll Sides: Steamed Broccoli Mixed Fruit	5 A. Pepperoni Pizza B. Cheese Quesadilla C. Chef Salad w/Croutons & Dinner Roll Sides: Baked Beans Pears
Week 3	7 A. Cheeseburger on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, Goldfish Crackers & Cereal Sides: Baked Beans Watermelon	8 A. Breaded Chicken Drumstick & Roll B. Deep Dish Pepperoni Pizza C. Yogurt, String Cheese, Goldfish Crackers & Cereal Sides: Spinach, Romaine & Red Beans & Peaches	9 A. Apple Cinnamon French Toast & (2) Sausage Links B. Turkey & Cheese on Croissant C. Yogurt, String Cheese, Goldfish Crackers & Cereal Sides: Red Peppers Pineapple	10 A. Mini Corn Dogs B. Breaded Chicken Patty on Bun C. Yogurt, String Cheese, Goldfish Crackers & Cereal Sides: Hashbrown Starz Sidekick Frozen Treat	11 A. Mini Pepperoni Calzones B. Chicken Rings & Roll C. Yogurt, String Cheese, Goldfish Crackers & Cereal Sides: Baby Carrots Pears
National School Lunch Week: Purchase a lunch from October 14-18 and enter to win free lunch for a week!					
Week 4	14 A. Mac & Cheese & Roll B. Pizza Sticks & Marinara C. Munchable Sides: Steamed Broccoli Mandarin Oranges	15 A. BBQ Beef Rib on Bun B. Chicken Nuggets & Roll C. Munchable Sides: Potato Salad Watermelon Slices	16 A. Smothered Burrito B. Cheeseburger Sliders C. Munchable Sides: Smile Potatoes Pears	17 A. Nachos Supreme B. Popcorn Chicken & Corn Bread Mini Loaf C. Munchable Sides: Baked Beans Pineapple	18 A. Cheese Omelet & Cinnamon Roll B. Pepperoni Pizza C. Munchable Sides: Baby Carrots Sidekick Frozen Treat
Week 1	21 A. Apple Cinnamon French Toast & (2) Sausage Links B. Cheeseburger on a Bun C. Small Soybutter & Jam Sandwich, Yogurt & Cheddar Goldfish Sides: Steamed Broccoli Mandarin Oranges	22 A. Mini Corn Dogs B. Bosco Sticks(2) w/ Marinara C. Small Soybutter & Jam Sandwich, Yogurt & Cheddar Goldfish Sides: Steamed Corn Peaches	23 No School	24  No School	25 No School
Week 2	28 A. Breaded Chicken Drumstick & Dinner Roll B. Cheese Pizza C. Chef Salad w/Croutons & Dinner Roll Sides: Whipped Potatoes Diced Peaches	29 A. Crispy Breaded Chicken on a Bun B. Corn Dog C. Chef Salad w/Croutons & Dinner Roll Sides: French Fries Diced Pears	Candy Corn Day 30 A. Pancakes & Sausage Links B. Chicken Fajitas C. Chef Salad w/Croutons & Dinner Roll Sides: Baby Carrots Candy Corn Fruit Cup	Happy Halloween 31 A. Troll Fingers & Goblin Goo (Bosco's & Marinara) B. Smashed Brains & Rattling Rolls (Cheese Omelet & Cinnamon Roll) C. Ghostly Chef Salad w/Croutons & Dinner Roll Sides: Frog Spit (Steamed Broccoli) Monster Mashed Mixed Fruit	Available Daily: Romaine Lettuce Tri Colored Peppers Carrots Tomatoes Celery Optional Fruit Choice

Menu subject to change without notice:

Please refer our website www.zps.org/parents/food-service in the event of a "snow day" or unplanned day off to review menu changes.

Online Deposits and Meal Applications can be found at <https://meals.zps.org>
 If you need log-in information, please contact us via email at foodservice@zps.org