
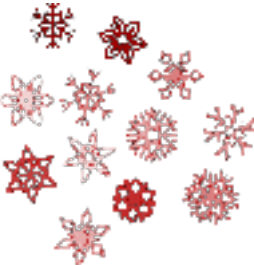


**Zeeland Christian Schools  
Lunch Menu  
December 2019**

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday  |
|---|--|---|--|---|
| <p><b>VALUE LUNCH PRICES</b><br/>(Includes Milk)<br/>\$2.85 full pay<br/>\$0.40 reduced pay<br/><b>Milk Only</b><br/>75¢ for all students</p>   |   | <p>Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal at value pricing</p>   |    | <p><b>Available Daily:</b><br/><br/><b>Romaine Lettuce</b><br/><b>Tri Colored Peppers</b><br/><b>Carrots</b><br/><b>Tomatoes</b><br/><b>Celery</b><br/><b>Optional Fruit Choice</b></p>   |
| <b>2</b>  | <b>3</b>   | <b>National Cookie Day! 4</b>   | <b>Walter Disney's Bday! 5</b>   | <b>6</b>  |
| <p><b>A.</b> Cheeseburger on Bun<br/><b>B.</b> Hot Dog on Bun<br/><b>C.</b> Frozen Frenzy Lunch Combo (Snow (yogurt cup), Cheese-Cicle (cheese stick), Reindeer Antlers (pretzels) &amp; Frozen Graham Crackers</p> <p><b>Sides:</b><br/>Steamed Broccoli<br/>Diced Peaches</p> | <p><b>A.</b> Breaded Chicken Drumstick &amp; Roll<br/><b>B.</b> Deep Dish Pepperoni Pizza<br/><b>C.</b> Frozen Frenzy Lunch Combo (Snow (yogurt cup), Cheese-Cicle (cheese stick), Reindeer Antlers (pretzels) &amp; Frozen Graham Crackers</p> <p><b>Sides:</b><br/>Mashed Potatoes<br/>Mixed Fruit</p> | <p><b>A.</b> Apple Cinnamon French Toast &amp; (2) Sausage Links<br/><b>B.</b> Turkey &amp; Cheese on Croissant<br/><b>C.</b> Frozen Frenzy Lunch Combo (Snow (yogurt cup), Cheese-Cicle (cheese stick), Reindeer Antlers (pretzels) &amp; Frozen Graham Crackers</p> <p><b>Sides:</b><br/>Rainbow Carrot Chips<br/>Michigan Apples<br/><b>Cookie Treat</b></p> | <p><b>A.</b> Piglets in a blanket (Mini Corn Dogs)<br/><b>B.</b> Little Mermaid's Clam Shell (Breaded Chicken Patty on Bun)<br/><b>C.</b> Frozen Frenzy Lunch Combo (Snow (yogurt cup), Cheese-Cicle (cheese stick), Reindeer Antlers (pretzels) &amp; Frozen Graham Crackers</p> <p><b>Sides:</b><br/>Baked Beans<br/>Fruit Salad</p> | <p><b>A.</b> Mini Pepperoni Calzones<br/><b>B.</b> Boneless Chicken Wings<br/><b>C.</b> Frozen Frenzy Lunch Combo (Snow (yogurt cup), Cheese-Cicle (cheese stick), Reindeer Antlers (pretzels) &amp; Frozen Graham Crackers</p> <p><b>Sides:</b><br/>Seasoned Green Beans<br/>Sidekick Frozen Treat</p> |
| <b>9</b>  | <b>10</b>  | <b>11</b>   | <b>12</b>  | <b>13</b>   |
| <p><b>A.</b> Mac &amp; Cheese &amp; Roll<br/><b>B.</b> Pizza Sticks &amp; Marinara<br/><b>C.</b> Pizza Munchable (Pita Bread, Pizza Sauce, Pepperoni and Mozzarella Cheese)</p> <p><b>Sides:</b><br/>Steamed Broccoli<br/>Mandarin Oranges</p>                                  | <p><b>A.</b> BBQ Beef Rib on Bun<br/><b>B.</b> Chicken Nuggets &amp; Roll<br/><b>C.</b> Pizza Munchable (Pita Bread, Pizza Sauce, Pepperoni and Mozzarella Cheese)</p> <p><b>Sides:</b><br/>Seasoned Corn<br/>Tropical Fruit</p>   | <p><b>A.</b> Smothered Burrito<br/><b>B.</b> Cheeseburger Sliders<br/><b>C.</b> Pizza Munchable (Pita Bread, Pizza Sauce, Pepperoni and Mozzarella Cheese)</p> <p><b>Sides:</b><br/>Kale Color Crunch Salad<br/>Pears</p>   | <p><b>A.</b> Nachos Supreme<br/><b>B.</b> Popcorn Chicken &amp; Corn Bread Mini Loaf<br/><b>C.</b> Pizza Munchable (Pita Bread, Pizza Sauce, Pepperoni and Mozzarella Cheese)</p> <p><b>Sides:</b><br/>Baked Beans<br/>Pineapple</p>   | <p><b>A.</b> Cheese Omelet &amp; Cinnamon Roll<br/><b>B.</b> Pepperoni Pizza<br/><b>C.</b> Pizza Munchable (Pita Bread, Pizza Sauce, Pepperoni and Mozzarella Cheese)</p> <p><b>Sides:</b><br/>Seasoned Green Beans<br/>Sidekick Frozen Treat</p>   |
| <b>16</b>   | <b>17</b>  | <b>18</b>   | <b>19</b>  | <b>20</b>   |
| <p><b>A.</b> Apple Cinnamon French Toast &amp; (2) Sausage Links<br/><b>B.</b> Cheeseburger on a Bun<br/><b>C.</b> Small Soybutter &amp; Jam Sandwich, Yogurt &amp; Cheddar Goldfish</p> <p><b>Sides:</b><br/>Steamed Broccoli<br/>Diced Peaches</p>                            | <p><b>A.</b> Mini Corn Dogs<br/><b>B.</b> Bosco Sticks(2) w/ Marinara<br/><b>C.</b> Small Soybutter &amp; Jam Sandwich, Yogurt &amp; Cheddar Goldfish</p> <p><b>Sides:</b><br/>Potato Smiles<br/>Mixed Fruit</p>   | <p><b>A.</b> Pepperoni Pizza<br/><b>B.</b> Grilled Chicken Sandwich<br/><b>C.</b> Small Soybutter &amp; Jam Sandwich, Yogurt &amp; Cheddar Goldfish</p> <p><b>Sides:</b><br/>Rainbow Carrot Chips<br/>Michigan Apples</p>   | <p><b>A.</b> Tacos<br/><b>B.</b> Ham &amp; Cheese Croissant<br/><b>C.</b> Small Soybutter &amp; Jam Sandwich, Yogurt &amp; Cheddar Goldfish</p> <p><b>Sides:</b><br/>Baked Beans<br/>Fruit Salad</p>   | <p><b>A.</b> Chicken Fries &amp; Cheddar Pretzel Bosco<br/><b>B.</b> Mozzarella Cheese Sticks &amp; Marinara<br/><b>C.</b> Small Soybutter &amp; Jam Sandwich, Yogurt &amp; Cheddar Goldfish</p> <p><b>Sides:</b><br/>Cauliflower Florets<br/>Zee-Zee's Applesauce Cup</p>                              |

**Menu subject to change without notice:**  
Please refer our website [www.zps.org/parents/food-service](http://www.zps.org/parents/food-service) in the event of a "snow day" or unplanned day off to review menu changes.

**Online Deposits and Meal Applications can be found at <https://meals.zps.org>  
If you need log-in information, please contact us via email at [foodservice@zps.org](mailto:foodservice@zps.org)**