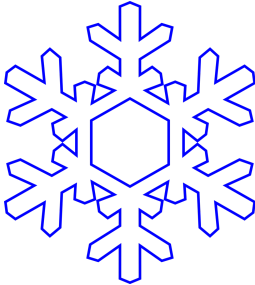
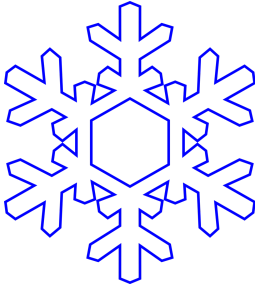


Zeeland Christian School

Lunch Menu

January 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
	A. Crispy Breaded Chicken Sandwich B. Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Banana Bread) Sides: Baby Carrots Broccoli Michigan Apple Craisins (Cherry or Strawberry)	A. Mini Corn Dogs B. Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Banana Bread) Sides: Potato Smiles Celery Mixed Fruit Fresh Pears	A. Chicken Alfredo w/ Penne Pasta and Garlic Bread B. Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Banana Bread) Sides: Baked Beans Cucumber Slices Orange Wedges Pineapple	A. French Toast Bites & (2) Sausage Patties B. Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Banana Bread) Sides: Romaine Lettuce Red/Orange Peppers Michigan Apples Peaches	A. Wild Mike's Cheese Bites & Sauce B. Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Banana Bread) Sides: Cauliflower Florets Baby Carrots Zee-Zee's Applesauce Cup Fresh Pear
Week 2	10	11	12	13	14
	A. Hot Dog on a Bun B. Turkey Ham Chef Salad w/ Croutons and Dinner Roll Sides: Baby Carrots Broccoli Michigan Apple Peach Cup	A. Popcorn Chicken w/ roll B. Turkey Ham Chef Salad w/ Croutons and Dinner Roll Sides: Corn Celery Applesauce Cup Fresh Pears	A. Macaroni & Cheese w/ a Roll B. Turkey Ham Chef Salad w/ Croutons and Dinner Roll Sides: Baked Beans Cucumber Slices Sidekick Frozen Juice Cup Pineapple	A. Chicken and Waffles B. Turkey Ham Chef Salad w/ Croutons and Dinner Roll Sides: Romaine Lettuce Grape Tomatoes Pears Red Grapes	A. Cheese Pizza B. Turkey Ham Chef Salad w/ Croutons and Dinner Roll Sides: Seasoned Green Beans Cauliflower Florets Orange Wedges Peaches
Week 3	17	18	19	20	21
	No School	A. Chicken Nuggets w/ a Roll B. Yogurt, String Cheese, Crackers & Cereal Sides: Mashed Potatoes Celery Mixed Fruit Fresh Pears	A. Walking Tacos B. Yogurt, String Cheese, Crackers & Cereal Sides: Refried Beans Cucumber Slices Zee-Zee's Applesauce Cup Pineapple	A. French Toast Bites & (2) Sausage Patties B. Yogurt, String Cheese, Crackers & Cereal Sides: Romaine Lettuce Red/Orange Peppers Michigan Apples Peaches	A. Wild Mike's Cheese Pizza Bites & Sauce B. Veggie Good Bistro Box (Carrots, Celery, Hummus Yogurt, Cinnamon Goldfish) Sides: Cauliflower Florets Baby Carrots Zee-Zee's Applesauce Cup Fresh Pear
Week 4	24	25	26	27	28
	A. Sloppy Joe w/ cheese Sandwich B. Parfait w/ Granola, String Cheese, & Cheez its Sides: Baby Carrots Broccoli Michigan Apple Peach Cup	A. Corn Dog B. Parfait w/ Granola, String Cheese, & Cheez its Sides: Baked Beans Celery Applesauce Cup Fresh Pears	A. Meatballs w/ Beef Gravy and a Twisted Breadstick B. Parfait w/ Granola, String Cheese, & Cheez its Sides: Mashed Potatoes Cucumber Slices Sidekick Frozen Juice Cup Pineapple	A. Pancake & Scrambled Eggs B. Parfait w/ Granola, String Cheese, & Cheez its Sides: Romaine Lettuce Grape Tomatoes Pears Red Grapes	A. Pepperoni Pizza B. Parfait w/ Granola, String Cheese, & Cheez its Sides: Seasoned Green Beans Cauliflower Florets Orange Wedges Peaches
Week 1	31	FEBRUARY 1	2	3	4
	A. Crispy Breaded Chicken Sandwich B. Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Pumpkin Bread) Sides: Baby Carrots Broccoli Michigan Apple Craisins (Cherry or Strawberry)			We are currently operating under the Seamless Summer Option (SSO.) Under this program, Complete meals are Free for ALL STUDENTS.	Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal. Milk Only 75¢ for all students

Menu subject to change without notice:
 Please refer our website www.zps.org/parents/food-service in the event of a "snow day" or unplanned day off to review menu changes.