



# Zeeland Christian Lunch Menu February 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Qualifying meals are free to all students for this school year under the guidelines of the National School Lunch Program.</p> <p style="text-align: center;"><b>Milk Only</b> 75¢ for all students</p>	<p style="text-align: right;"><b>1</b></p> <p><b>A.</b> Mini Corn Dogs</p> <p><b>B.</b> Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Banana Bread)</p> <p><b>Sides:</b> Potato Smiles Celery Mixed Fruit Grapes</p>	<p style="text-align: right;"><b>2</b></p> <p><b>A.</b> Chicken Alfredo w/ Penne Pasta and Garlic Bread</p> <p><b>B.</b> Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Banana Bread)</p> <p><b>Sides:</b> Baked Beans Cucumber Slices Sidekick Frozen Juice Cup Pears</p>	<p style="text-align: right;"><b>3</b></p> <p><b>A.</b> French Toast Bites &amp; (2) Sausage Patties</p> <p><b>B.</b> Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Banana Bread)</p> <p><b>Sides:</b> Romaine Lettuce Red/Orange Peppers Apple Banana</p>	<p style="text-align: right;"><b>4</b></p> <p><b>A.</b> Wild Mike's Cheese Bites &amp; Sauce</p> <p><b>B.</b> Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Banana Bread)</p> <p><b>Sides:</b> Baby Carrots Green Beans Clementine Pineapple</p>
Week 2	<p style="text-align: right;"><b>7</b></p> <p><b>A.</b> Hot Dog on a Bun</p> <p><b>B.</b> Turkey Ham Chef Salad w/ Croutons and Dinner Roll</p> <p><b>Sides:</b> Cauliflower Broccoli Craisins(Cherry or Strawberry) Peach Cup</p>	<p style="text-align: right;"><b>8</b></p> <p><b>A.</b> Popcorn Chicken w/ roll</p> <p><b>B.</b> Turkey Ham Chef Salad w/ Croutons and Dinner Roll</p> <p><b>Sides:</b> Corn Celery Mixed Fruit Grapes</p>	<p style="text-align: right;"><b>9</b></p> <p><b>A.</b> Mac &amp; Cheese w/ a Roll</p> <p><b>B.</b> Turkey Ham Chef Salad w/ Croutons and Dinner Roll</p> <p><b>Sides:</b> Baked Beans Cucumber Slices Sidekick Frozen Juice Cup Pears</p>	<p style="text-align: right;"><b>10</b></p> <p><b>A.</b> Boneless Wings and a Dutch Waffle</p> <p><b>B.</b> Turkey Ham Chef Salad w/ Croutons and Dinner Roll</p> <p><b>Sides:</b> Romaine Lettuce Grape Tomatoes Apple Banana</p>	<p style="text-align: right;"><b>11</b></p> <p><b>A.</b> Cheese Pizza</p> <p><b>B.</b> Turkey Ham Chef Salad w/ Croutons and Dinner Roll</p> <p><b>Sides:</b> Baby Carrots Green Beans Clementine Pineapple</p>
Week 3	<p style="text-align: right;"><b>14</b></p> <p><b>A.</b> Crispy Breaded Chicken Sandwich</p> <p><b>B.</b> Yogurt, String Cheese, Crackers &amp; Cereal</p> <p><b>Sides:</b> Cauliflower Broccoli Craisins(Cherry or Strawberry) Peach Cup</p>	<p style="text-align: right;"><b>15</b></p> <p><b>A.</b> Chicken Nuggets w/ a Roll</p> <p><b>B.</b> Yogurt, String Cheese, Crackers &amp; Cereal</p> <p><b>Sides:</b> Mashed Potatoes Celery Mixed Fruit Grapes</p>	<p style="text-align: right;"><b>16</b></p> <p><b>A.</b> Walking Tacos</p> <p><b>B.</b> Yogurt, String Cheese, Crackers &amp; Cereal</p> <p><b>Sides:</b> Refried Beans Cucumber Slices Sidekick Frozen Juice Cup Pears</p>	<p style="text-align: right;"><b>17</b></p> <p><b>A.</b> French Toast Bites &amp; (2) Sausage Patties</p> <p><b>B.</b> Yogurt, String Cheese, Crackers &amp; Cereal</p> <p><b>Sides:</b> Romaine Lettuce Red/Orange Peppers Apple Banana</p>	<p style="text-align: right;"><b>18</b></p> <p style="text-align: center;">Winter Break NO SCHOOL</p>
Week 4	<p style="text-align: right;"><b>21</b></p> <p style="text-align: center;">Winter Break NO SCHOOL</p>	<p style="text-align: right;"><b>22</b></p> <p><b>A.</b> Corn Dog</p> <p><b>B.</b> Parfait w/ Granola, String Cheese, &amp; Cheez its</p> <p><b>Sides:</b> Baked Beans Celery Mixed Fruit Grapes</p>	<p style="text-align: right;"><b>23</b></p> <p><b>A.</b> Meatballs w/ Beef Gravy and a Twisted Breadstick</p> <p><b>B.</b> Parfait w/ Granola, String Cheese, &amp; Cheez its</p> <p><b>Sides:</b> Mashed Potatoes Cucumber Slices Sidekick Frozen Juice Cup Pears</p>	<p style="text-align: right;"><b>24</b></p> <p><b>A.</b> Pancake &amp; Scrambled Eggs</p> <p><b>B.</b> Parfait w/ Granola, String Cheese, &amp; Cheez its</p> <p><b>Sides:</b> Romaine Lettuce Grape Tomatoes Apple Banana</p>	<p style="text-align: right;"><b>25</b></p> <p><b>A.</b> Pepperoni Pizza</p> <p><b>B.</b> Parfait w/ Granola, String Cheese, &amp; Cheez its</p> <p><b>Sides:</b> Baby Carrots Green Beans Clementine Pineapple</p>
Week 1	<p style="text-align: right;"><b>28</b></p> <p><b>A.</b> Crispy Breaded Chicken Sandwich</p> <p><b>B.</b> Apple Dunker Bistro Box (Apple slices, Sunbutter Cup, Cheese Cubes, Pumpkin Bread)</p> <p><b>Sides:</b> Cauliflower Broccoli Craisins(Cherry or Strawberry) Peach Cup</p>			<p style="text-align: center;"><b>Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a qualifying meal</b></p>	

**Menu subject to change without notice:**  
Please refer our website [www.zps.org/parents/food-service](http://www.zps.org/parents/food-service) in the event of a "snow day" or unplanned day off to review menu changes.