



# ZEELAND CHRISTIAN SCHOOLS ESCUELA CRISTIANA DE ZEELAND

泽兰基督教学校

## OCTOBER 2022

**MEAL PRICE**  
\$3 STUDENT | \$4 ADULT

**MILK ONLY .50**  
included with lunch  
1% Chocolate  
1% White milk

**K-5TH FAST SACKS**

**MONDAY**  
Turkey & Cheese  
on Sub Bun  
Carrots w/ Ranch  
Applesauce Cup

**TUESDAY**  
Vanilla Yogurt  
Parfait w/ Granola  
Strawberry Cup  
Mango Wango  
Animal Crackers

**WEDNESDAY**  
Turkey & Cheese  
Lunchable, Chips  
Peppers & Orange  
Wedges

**THURSDAY**  
Pizza Hut Day  
Garden Salad  
Fruit Slushies

**FRIDAY**  
Pancake Bag  
Yogurt Cup  
Cheese Stick  
Applesauce Cup  
Mango Wango  
Juice

**6-8TH DELI BOATS**

**MONDAY**  
Turkey & American  
on Sub Bun  
Chips, Carrots  
Orange Wedge

**TUESDAY**  
Salami & Provolone  
on Pretzel Bun  
Chips, Cherry  
Tomato, Fruit Choice

**WEDNESDAY**  
Aztec Wrap (Ham,  
Turkey, Bacon  
Lettuce, Cheese)  
Chips, Peppers  
Fruit Choice

**THURSDAY**  
(No Deli Box)  
Pizza Hut Pizza  
Cheese or  
Pepperoni, Garden  
Salad, Veggie &  
Fruit Choice

**FRIDAY**  
Foccacia Bread  
(Ham, Salami  
Pepperoni, Lettuce  
Provolone) Chips  
Veggie Choic  
Applesauce

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>OCT 3</b></p> <p>Walking Beef Taco w/ Chips, Lettuce, Cheese Salsa, Black Beans &amp; Corn Sour Cream, Fresh Fruit</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p><b>OCT 4</b></p> <p><b>BRUNCH FOR LUNCH</b> Dutch Waffle w/ Strawberries, Whipped Cream, Sausage Links Mango Wango</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p><b>OCT 5</b></p> <p>2 Bosco Breadsticks Marinara Garden Salad Fresh Fruit</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p><b>OCT 6</b></p> <p><b>THE HUT DAY!!</b> Pizza Hut Pizza Garden Salad Fruit, Chips</p>	<p><b>OCT 7</b></p> <p><b>HALF DAY TODAY!</b></p>
<p><b>OCT 10</b></p> <p>Chicken Drumstick Whipped Potatoes w/ Butter, Fruit Choice Corn Muffin</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p><b>OCT 11</b></p> <p><b>BREAKFAST FOR LUNCH</b> Cinnamon French Toast Tator Tots, 1 Sausage Links Orange Wedges</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p><b>OCT 12</b></p> <p>Hot Dog on Bun 1 for K-5, 2 for 6-8 Chips, Fruit Choice Mini Rice Krispy Treat</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p><b>OCT 13</b></p> <p><b>THE HUT DAY!!</b> Pizza Hut Pizza Garden Salad Fruit, Chips</p>	<p><b>OCT 14</b></p> <p>Bacon Cheeseburger on a Bun Smiley Potato Fruit Choice</p> <p>2 SEE SIDE BAR FOR MENU</p>
<p><b>OCT 17</b></p> <p>Chicken Tenders Carrots w/ Ranch Fresh Fruit Chips</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p><b>OCT 18</b></p> <p><b>THE HUT DAY!!</b> Pizza Hut Pizza Garden Salad Fruit, Chips</p>	<p><b>OCT 19</b></p> <p><b>DAY off</b></p>	<p><b>OCT 20</b></p> <p><b>DAY off</b></p>	<p><b>OCT 21</b></p> <p><b>DAY off</b></p>
<p><b>OCT 24</b></p> <p>Macaroni &amp; Cheese Blueberry Muffin Green Beans Grapes</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p><b>OCT 25</b></p> <p>Pancakes 2 Sausage Links Applesauce Hashbrowns</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p><b>OCT 26</b></p> <p>Spartan Hot Dog Wolverine Blue Slushie QB Potato Chips Punter Green Peppers w/ Ranch, Sugar Cookie</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p><b>OCT 27</b></p> <p><b>THE HUT DAY!!</b> Pizza Hut Pizza Garden Salad Fruit, Chips</p>	<p><b>OCT 28</b></p> <p><b>HALF DAY TODAY!</b></p>
<p><b>OCT 31</b></p> <p><b>CORN CRAZY DAY</b> Mini Corn Dogs Corn Muffin, Corn Corn Chips, Fruit Choice</p> <p>2 SEE SIDE BAR FOR MENU</p>	<p>Due to availability, menu subject to change.</p>			

**APPLY ONLINE AT**  
FamilyPortal.cloud  
(previously  
lunchapp.com)  
for lunch benefits  
application!



Middle School ala carte healthy snacks for after school activities. Water bottles and assorted grab n go snacks all under \$1. Must have money in your lunch account to purchase. These items will be sold at the Middle School lunch line.

**ZCS FOOD SERVICE OFFICE**  
HOTLUNCH@ZCS.ORG

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**