RAMS	ZEELAND CHRISTIAN SCHOOLS ESCUELA CRISTIANA DE ZEELAND 泽兰基督教学校				CHECK SIDEBA FOR 2ND CHOI OPTIONS
	SEPTEMBER 2023		MEAL PRICE \$3 STUDENT \$4 ADULT		K-5TH FAST SAC MONDAY Turkey & Chees on Sub Bun
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Carrots w/ Ran Applesauce Cu
SEPT 4 LABOR No School!	2 SEPT 5 Breaded Chicken Patty on Bun Emoji Potatoes Fruit Choice	2 SEPT 6 Walking Beef Taco w/ Doritos, Lettuce Cheese, Salsa, Sour Cream Black Bean and Corn Fruit Choice	SEPT 7 THE HUT DAY!! Pizza Hut Pizza Garden Salad Fruit, Chips	2 SEPT 8 BREAKFAST FOR LUNCH French Toast Sausage Link, Fruit Hashbrown Juice Cup	TUESDAY Vanilla Yogurt Parfait w/ Grand Strawberry Cu Mango Wang Animal Cracke WEDNESDAY Turkey & Chees Lunchable, Chi
2 SEPT 11 Burger w/ Cheese on Bun, Smiley Potatoes Fruit Slushie	2 SEPT 12 Chicken Nuggets w/ Dipping Sauces Carrots w/ Ranch, Animal Crackers, Fruit Choice	2 SEPT 13 2 Bosco Breadsticks Marinara Cup Garden Salad Fruit Choice	SEPT 14 14 THE HUT DAY!! Pizza Hut Pizza Garden Salad Fruit, Chips	2 SEPT 15 Dutch Waffle w/ Strawberries, Whipped Cream 2 Sausage Links, Sun Splash Vegetable Juice	Peppers & Oran Wedges THURSDAY Pizza Hut Day FRIDAY Cinnamon Toas Crunch Cerea Yogurt Cup
2 Soft Shell Iaco Spanish Rice, Lettuce Cheese, Sour Cream Black Beans & Corn Fruit Choice	2 SEPT 19 Mini Pancakes Cheese Omelet, Potato Orange Wedges Juice Cup	2 SEPT 20 Chicken Tenders Carrots w/ Ranch Fruit Choice Roll	EFFT 21 EFFT 2	Cinnamon Roll Cheese Stick, Yogurt Sunsplash Vegetable Juice, Grapes	Cheese Stick Applesauce Cu Mango Wango Juice 6-8TH DELI BOA MONDAY Turkey & Americ
2 SEPT 25 Hot Dog on Bun (2 for 5th - 8th) Baked Beans Watermelon Chips	2 SEPT 26 Popcorn Chicken Bowl w/ Whipped Potatoes Gravy, Muffin, Corn Fruit Choice	2 SEPT 27 Cheeseburger on a Bun French Fries Fruit Choice	SEPT 28THE HUT DAY!!Pizza Hut Pizza Garden Salad Fruit, Chips	SEPT 29	on Sub Bun Chips, Carrots Orange Wedg TUESDAY Salami & Provoli on Pretzel Bun Chips, Cherry Tomato, Fruit Cho

Due to availability, menu subject to change.

Middle School ala carte healthy snacks for after school activities. Water bottles and assorted grab n go snacks all under \$1. Must have money in your lunch account to purchase. These items will be sold at the Middle School lunch line.

You can apply for free/reduced lunch benefits or make a deposit at hollandchristian.familyportal.cloud

FRIDAY

(Ham, Salami Provolone) Chips Veggie Choice Applesauce

ZCS FOOD SERVICE OFFICE HOTLUNCH@ZCS.ORG



PIZZA DAY

On all pizza days

\$1.50 for each

additional slice

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

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Aztec Wrap (Ham, Turkey, Bacon Lettuce, Cheese) Chips, Peppers Fruit Choice

THURSDAY

(No Deli Box) Pizza Hut Pizza Cheese or Pepperoni, Garden Salad, Veggie & Fruit Choice

Foccacia Bread Pepperoni, Lettuce